PEER2PEER MENTORING AGREEMENT

Mentee Name:
Mentor Name:
Make sure to exchange information (cell phone #'s, etc)
What type of help/advice does the mentee want from the mentor?
What expectations does the mentor have of the mentee (showing up for meetings, returning emails)?
What expectations does the mentee have of the mentor?
How often will you meet (program requirements are 1x per month in person MINIMUM)?
Where and when will you meet? For how long?
Who will be responsible for scheduling the meetings?
What are the ground rules for your discussions? What is OK and not OK to talk about?
We have agreed that our initial meetings will focus on these three topics:
1.
2.
3.

SMART Goal Setting

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Write down your goal.

Fill in the following table to show how your goals meets the SMART criteria.

Is it?	Yes	No	Explain
Specific			
Measurable			
Attainable			
Relevant			
Time-limited			

What will be your reward when you reach the goal? In other words, how will reaching the goal benefit you?

What actions do you need to take to reach your goal? For example, do you need to gather information, obtain money, learn new skills, or make special arrangements? How much time will you need to accomplish each action? When should you have completed each action?

ACTION	ESTIMATED TIME	DUE DATE